



## Q&A for Parents to support Transition

**Q. What sort of things should I focus on with my child's learning in preparation for school?**

A. Some suggestions would be:

**Self-help Skills;** for example, using the toilet independently, washing and drying own hands, putting on and taking off own jacket/shoes, asking for help.

**Independence;** be able to use a knife and fork, open lunch box and eat independently, sit at a table when eating, pouring own drinks.

**Social and Emotional Wellbeing;** able to express emotions, thoughts and needs to be met, turn take and share, interact and play games with others, problem solve.

**Gross and Fine Motor Skills;** hold a pencil comfortably to make marks on paper, confident with climbing, jumping and running, manage their own risks.

**Listening and Understanding;** be able to talk about themselves, their thoughts and feelings, explore and show interest in books, practising to recognise their own name when written down.

**Numeracy Skills;** be aware of numbers and counting, join in with words, songs and play, experiment emptying and filling sand/water containers, recognise some written numbers.

**Routines;** practise getting their uniform on and being ready to leave on time, have a good bedtime routine so they are not tired for school.

**Q. Is there anything that we can do over the coming weeks at home to prepare for transition?**

A. Talk to your child about going to school, take a look at the school website and photographs, familiarise them with the school setting, and complete any relevant paperwork.

**Q. Will I be given an opportunity to tell the school how my child is doing?**

A. You will be sent a 'Rainbow Passport'. Please complete with your child and return to your Primary School.

**Q. How will my child's school help to ensure that transitions go smoothly?**

A. Primary teachers will work closely with Early Learning and Childcare staff to ensure that information about your child's learning and achievements are passed on. Staff will also share other information that will help the teacher support your child's learning, for example friendship groups, preferred ways of learning, and likes/ dislikes.

**Here are some other questions that parents have asked:**

- How will my child be introduced to school?
- What will be the settling in process for my child?
- Is there a way to access a pack from the school which includes photographs, school handbook, uniform requirements, daily routine etc.?
- How will my child be comforted if social distancing?

- How can you guarantee social distancing?
- My child has additional support needs. What will happen with his/her enhanced transition?
- What will my child be expected to bring to school with them?
- How many children are in Primary 1 and are there composite classes?
- Where can I purchase school uniform?
- What will the routine of the day be?
- What will drop off and pick up times be?
- Where can I find out about after school care?
- What is your procedure if my child gets injured/feels ill at school?

**Answer:** Parents are now likely to miss out on physically coming in to the school building before their child starts, but we're addressing ways to make sure they have all the information they need, which will help everyone when school does open again. We are already exploring the options of video conferences, recordings shared on social media, or something online that parents can log into and ask questions. Schools and nurseries will in due course be issuing information to all parents, children and carers.

Here are some useful websites should you require further support:

cbeebies - <https://www.bbc.co.uk/cbeebies>

BBC Bitesize - <https://www.bbc.co.uk/bitesize>

Children First - [https://www.children1st.org.uk/?gclid=EA1aIQobChMIgcyu9rKf6QIVF-DtCh15vQAoEAAYASAAEgKYk\\_D\\_BwE](https://www.children1st.org.uk/?gclid=EA1aIQobChMIgcyu9rKf6QIVF-DtCh15vQAoEAAYASAAEgKYk_D_BwE)

Parentzone - <https://education.gov.scot/parentzone/my-child/early-years/>

Realising the ambition: National practice guidance for early years in Scotland transition Page 95 8.8 - <https://education.gov.scot/media/3bjpr3wa/realisingtheambition.pdf>

Suzanne Zeedyk Rupture-Repair Cycle

- [https://www.facebook.com/search/top/?q=rupture%20repair%20cycle&epa=SEARCH\\_BOX](https://www.facebook.com/search/top/?q=rupture%20repair%20cycle&epa=SEARCH_BOX)

Play Scotland - <https://www.playscotland.org/wp-content/uploads/Play-Scotland-Home-Play-Pack-for-Parents-16pp-Web-1.pdf>