

St. Joseph's Nursery Class Expressive Arts



Sponge Painting

You will need: different textured sponges, paper, paint and paper plates. Method: Using paper plates put a different colour of paint in each one. Cut the sponges into different shapes and dip into the paint then print them onto the paper leaving different shapes, patterns and textures.

<u>Play Dough</u>

You will need: 2cups of flour, 1 cup of water and some paint. a little cooking oil, a bowl and a wooden spoon.

Method: Pour 2 cups of flour into a bowl, add oil, add paint. Slowly add the water and keep stirring. If your mixture is too sticky add more flour, if it's too dry add more water. When you think your mixture is ready pour out onto the table and work it together using your hands.

Touchy Feely

You will need: a variety of different items with different textures. Maybe four or five items. More if you like. Ask an adult for help. Method: When you find all of your items talk to the adult about what they are and what textures you think they are. Rough, smooth, bumpy etc..

My Family Picture

You will need: a piece of paper and a pencil.

Method: Use the paper and pencil to draw a picture of your family. Remember they will all be different sizes. When you are finished drawing your family write the number of people at the bottom and don't forget your name.

<u>Car Tracks</u>

You will need: one or two cars with different textured wheels, some paint, paper and a tray and tub.

Method:: Move the car wheels up and down in the paint make sure they are covered. Place the paper in the tray and then put the car in on top, move the tray from side to side and up and down. When finished make another pattern picture.