

St. Joseph's Nursery Class Expressive Arts



Gloop what you will need: 1 cup of cornflour, 1 cup of water, a bowl and a spoon (food colouring if you want to change the colour. Put the cornflour in the bowl and add water slowly, keep mixing and adding more water if required. It should look like a gooey thick liquid. Add food colouring to change colour. Ask an adult for help when you are putting the water in the cup and also with the lid if your adding food colouring.

Draw a picture of your reflection you will need:

A mirror, a pencil, coloured pencils and a piece of paper. Using the mirror look at your face. What do you see? Talk to an adult about what you can see, then using the pencil draw a picture of what you see. Now use the pencils to colour in your eyes and hair.

<u>Superhero cuffs</u> what you will need: coloured paper (white will do) colouring pencils or pens, scissors and some tape. Colour in the sheet of paper with your pencils now cut the paper into strips, thick and thin ones or if you can zig zag or wavy. Get an adult to help you measure your wrist with the paper then tape both sides together to make your superhero cuff.

Good luck superheroes.

<u>Pasta necklace</u> what you will need: penne pasta, paint, a tray, some string and scissors. Paint the past one colour or more if you like. Leave it on a tray to dry. Once the pasta is dry use the scissors and cut a long piece of string. Ask an adult to help you to tie a knot in the end. (so that your pasta doesn't fall off) thread the pats onto the string then tie both ends together. You can do the same with shorter pieces of string to make a matching bracelet.

Winter picture what you will need:

paper, pencil and a big window to look out of. Using your piece of paper and pencil look out of the window and draw a picture of the weather outside. Talk to an adult and tell them what you see, windy, wet, frost.